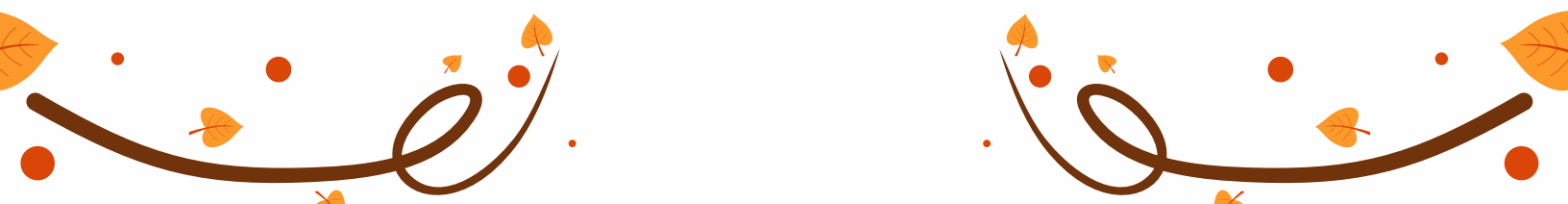


**MAINE ACCESS POINTS IS  
LOOKING FOR CURRENT  
AND FORMER DRUG  
USERS TO CREATE DRUG  
USER EDUCATION  
MATERIALS?**

**MAINE  
ACCESS  
POINTS**

**[WWW.MAINEACCESSPOINTS.ORG](http://WWW.MAINEACCESSPOINTS.ORG)**



# FOR OUR COMMUNITY BY OUR COMMUNITY

Our goal at MAP is to build a Harm Reduction Resource Library made for and by people who use drugs. We know that drug users are the experts about how to use drugs safely so we want to get the information from the source and get it out to anyone who can benefit from it.

Harm Reduction is a movement fueled by and for people who use drugs (PWUD), sex workers and folks at the intersections of identity. Recognizing the work of our teachers and ancestors and reflecting their message of 'nothing about us without us', MAP recognizes the skills, knowledge and care within our community and want to ensure that information is accessible to all who seek it.

In this program MAP has the opportunity to pay folks for their labor and time, which is central to our mission and values.

So if you are a person who currently or formerly used drugs and you would like to share some of your knowledge while getting paid this is the program for you.

## **POSSIBLE TYPES OF EDUCATION:**

- Overdose Education
- Safe Use Practices
- Health, Reproductive Justice Education
- Safe Sex Education
- Infectious Disease Education
- Etc...

## **MORE POSSIBILITIES:**

- How to correctly inject
- Safe Smoking Tips and Tricks
- Safer Sex Practices
- Safer Snorting Tips
- And Much Much More.....

# Examples of Educational Materials

### HOW TO SAFELY DISPOSE OF USED SHARPS PER MAINE REGULATIONS

Note: you are allowed under Maine law to dispose of sharps in your household trash if you take the proper precautions to secure and label the container before doing so



1. Place in hard disposal container (either the ones we provide or a thick plastic container at home such as a laundry soap container)
2. Lock the container and/or use duct tape to ensure it is completely sealed
3. Use a sharpie or marker and write "DO NOT RECYCLE" on the container
4. Place in regular household trash

In Washington County and would rather take to a disposal site?  
Or do you need a sharps container?  
Reach out to MAP at 207-370-1042

**MAINE ACCESS POINTS**

### Know Your Rights!

EFFECTIVE MAY 23RD, 2019  
MAINE'S GOOD SAMARITAN LAW

When help is called because someone has overdosed, the Good Samaritan Law prevents Police from arresting or charging *the person that called for help* and *the person that is overdosing* with the following crimes at the time of the emergency:

- Possession of Scheduled Drugs
- Acquiring Drugs by Deception
- Use of Drug Paraphernalia
- Violation of Probation

If you must use alone, then please call >>>  
Anytime Day/Night

**We recommend using a buddy system.**

**NEVER USE ALONE**  
1-800-484-3731

**LOVE PEOPLE. USE DRUGS. SAFELY.**

### SAFER SMOKING TIPS

- To avoid burning your lips, use a mouthpiece or tubing on your stem. If you don't have one, wrap the end with a rubber band, piece of paper, tape or pen grip.
- Wipe mouthpiece with alcohol before smoking to prevent possible infection.
- If you are using a plastic bottle pipe, change foil and use clean ashes so they don't infect your lungs. Use pipe screens or "chore" (copper cleaning pad).
- Clean your crack shooters often and carefully, you can file the edges of broken shooters but also ask us for new ones if yours breaks so we can get one to you!
- Take care of those beautiful Lips: Use Lip Balm & Triple Antibiotic (we can provide you with some of each).

### MAP

LET'S TALK ABOUT THE FREE COVID-19 TESTS THROUGH THE FEDERAL GOVERNMENT

**WHAT YOU NEED TO KNOW**

- THIS IS A FREE SERVICE
- YOU RECEIVE 4 TESTS WITH YOUR ORDER
- ONLY 1 ORDER PER HOUSEHOLD
- THE TESTS ARE MAILED TO YOU BY USPS
- SOMEONE ELSE CAN ORDER THE TESTS FOR YOU! MAP IS HAPPY TO SUPPORT YOU WITH THIS. REACH OUT IF YOU WOULD LIKE SOME HELP!

**STEPS TO PLACE YOUR ORDER:**

- VISIT: [COVIDTESTS.GOV](https://COVIDTESTS.GOV)
- CLICK "ORDER FREE AT-HOME TESTS"
- YOU WILL BE DIRECTED TO THE USPS ORDERING PAGE WHERE YOU WILL PROVIDE YOUR NAME AND MAILING ADDRESS.
- CLICK "CHECK OUT NOW"
- SEE POP-UP: "REVIEW YOUR ORDER" AND CLICK "PLACE ORDER"
- YOU WILL BE DIRECTED TO AN "ORDER SUMMARY" AND WRITE DOWN YOUR "ORDER #" FOR YOUR RECORDS!

**MAINE ACCESS POINTS**

We also pay for people to make short 1-3 minutes videos (for platforms like TikTok & other social media platforms.

# Maine Access Points' Values:

- We believe that all people have the right to access health care and meet their basic needs;
- We believe that people are the experts of their own lives and have the right to choice and self-determination;
- We believe that all people have the right to safety and respect;
- We believe in ground-up, collective organizing;
- We hold ourselves accountable to the communities we work within;
- We recognize the impact of the war on drugs on all people, but especially communities of color;
- We hold critical hope that all people can heal from the injustices and trauma they have experienced;
- We commit to creating a world that rejects and deconstructs all forms of hate and oppression and we commit to reflecting on our own internalized oppression;
- We believe people have the right to naloxone, sterile injection supplies, and safe injection spaces;
- We believe that people do not have to die from their drug use.

# More about our values at Maine Access Points:

## WE BELIEVE THAT...

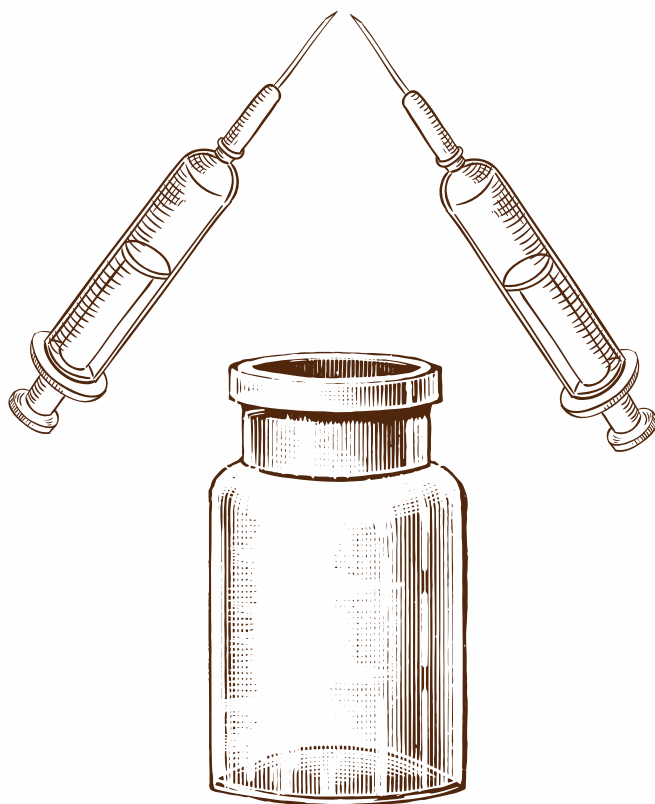
The voices of people who use drugs (PWUD) should remain central to the operation of all MAP Services.

Along with a respect and understanding for the history of Harm Reduction and the syringe access movement, both locally and nationally.

All MAP staff and volunteers are encouraged to familiarize themselves with the culture and activist spirit of Harm Reduction. It is essential to the success of this program to maintain this spirit, along with a commitment to creativity, humor, reducing barriers and pushing the envelope whenever it is necessary to guarantee that people who use drugs are given access to the highest quality (and lowest barrier) services possible.

## MAP Mission:

To recognize the resiliency of people who use drugs and to work, in collaboration, to create access points for overdose prevention and harm reduction services in Maine.



# Want to get involved?!

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**Visit our website:**

**[maineaccesspoints.org](http://maineaccesspoints.org)**

**Under Services >> Drug User Led  
Education**

**Call/Text/Signal:**

**207 319-8284**

**Email:**

**[mikki@maineaccesspoints.org](mailto:mikki@maineaccesspoints.org)**

