

# SW SAFETY SHEET

**Do I have the following**

**Condoms**

**Narcan**

**Lube**

**Tool for self  
defense**

**Dental Dam(s)**

**Do I know my rights?** In Maine it is illegal to both sell and buy sexual acts. read more here:

<http://lukerieux.com/prostitution-charges-sentences-defenses/>

**Do I have a plan if I get arrested?** you should have a plan in case something happens and you get arrested. Here is an Arrest Safety Planning Sheet:

<https://swopusa.org/wp-content/uploads/2019/02/Arrest-Safety-Planning.pdf>

**Do I have a tool of some sort for self defense?** If you don't have mace or a taser you can also use car keys as a means of self defense.

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- Did I meet this hook up online?** get a facetime picture of the person so you know what they look like.
- Does someone know where I am?** Does a friend or family member know where I am going to be & when i'll be back?
- Do I have at least 1 friend or Family member's phone number?** You should memorize at least 1 persons phone number in case of emergency.
- Do I know my surroundings?** know where exits are and try to keep a mental map of ways to go if you need to get out.
- Are drugs going to be involved?** If so have I discussed tolerance and overdose response with my hook up?
- Have I checked the person over for STI's?** You should check for visible sores or other signs of STIs & always use a condom.